



Victim  
Lincs

[victimlincs.co.uk](http://victimlincs.co.uk)



# Support for victims and survivors of sexual crime



Lincolnshire  
POLICE & CRIME COMMISSIONER

SAFER TOGETHER

# Independent Sexual Violence Advisers (ISVA)

ISVAs provide tailored emotional and practical support to anybody that has experienced rape or sexual abuse at any time in their lives. Things they can help you with include supporting you through a police investigation and court, speaking to other agencies on your behalf or helping you access further specialist support if you feel you need it.

## For adults

### Spring Lodge

 **01522 524402**

 **0303 1234 000** (out of hours)

 [lpft.nhs.uk/spring-lodge](https://lpft.nhs.uk/spring-lodge)

## For children and young people

### Castle Service (Victim Support)

 **01522 947510**

 **08 08 16 89 111** (out of hours)

 [victimsupport.org.uk/lincolnshire](https://victimsupport.org.uk/lincolnshire)

If you would like more information or to discuss the different support options available, our Sexual Violence Coordinator can help.

They can discuss the different support options that are available to you and, should you feel that you would benefit from further support, we can make a referral on your behalf, or provide you with details, to the service that is best for you.

Contact Victim Lincs on 01522 947510

# Counselling

A range of counselling services are available to people of any age, gender or sexuality who have experienced a sexual crime:

## Lincolnshire Rape Crisis & Sexual Assault Services

 **0800 3345500**  
 [lincolnshirerapecrisis.org.uk](http://lincolnshirerapecrisis.org.uk)

## NW Counselling Hub

 **01522 253809**  
 [nwcounsellinghub.co.uk](http://nwcounsellinghub.co.uk)

## Umbrella Counselling

 **01476 249403**  
 [umbrellacounselling.com](http://umbrellacounselling.com)



[victimlincs.co.uk](http://victimlincs.co.uk)



**If you have experienced a sexual crime, the Victim Lincs Sexual Violence Coordinator can help you get the support you need - whether you choose to report the crime to the police or not.**

## **They can:**

### **Inform**

Answer any queries or concerns that you may have, as well as provide practical advice and information

### **Support**

Discuss the support options available and, should you need further support, make a referral to the specialist service most suited to you

### **Listen**

Victim Lincs are independent to the police, so anything you say will be in confidence

**01522 947510**

**Monday - Friday**  
**8am - 4pm**

**victimlincs.co.uk**



*A service put in place by*



**Lincolnshire**  
**POLICE & CRIME COMMISSIONER**

**SAFER TOGETHER**